

Friday 20th October 2023

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Academy Principal

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A University of Kent Academies Trust School

Dear Parent/Carer,

PE Kit Reminders

I am writing to provide you with a few reminders about our policy and procedures for Physical Education. Where possible over the next two terms PE lessons have been timetabled within an indoor space for practical PE but there are on occasions groups that will be required to be outside. It is paramount that students prepare themselves adequately for the weather conditions and we require all students to come to PE lessons with their full kit.

Full PE kit that students must wear for PE lessons:

- Navy PE polo top with embroidered CG logo
- Navy leggings and/or navy tracksuit pants with embroidered CG logo
- Navy shorts with CG logo (optional)
- Navy skort with CG logo (optional)
- Navy PE 1/4 zip jumper with CG logo
- Trainers

During lessons when the weather is cold, students are permitted to wear the following items for added protection against the cold:

- Woolly hat/beanie – plain black or navy
- Gloves – plain black or navy (these will not be permitted for netball and outdoor basketball lessons)
- Plain black or navy thermal layers – to be worn underneath PE kit.

Students will change into PE kit before their lesson and back into their uniform at the end of the lesson. It is paramount that students take ownership of their belongings and ensure they pack clothing into their bags to reduce the risk of items going missing. It would support your child if items of clothing are named for easy identification.

I would be grateful for your assistance in reminding your child to bring their correct PE kit to every PE lesson and to take the utmost care with their belongings in the changing rooms.

Even if students are unable to take part actively in the PE lesson, they will be required to change out of their uniform unless they are in a medical cast which prevents this. These students will be involved in supporting roles such as coaching, timing, and analysis or evaluation of performance.

Students who do not have a PE kit in the academy or the wrong kit will be lent some by the PE department. However, they should always aim to have their own kit onsite every day. If students do not have the correct kit or borrow it, they will receive a detention.

Students are expected to take part in every PE lesson. A student's PE teacher will need a written note from a parent/carer if there are health-related reasons that prevent a child from taking part in physical exercise.

Students should hand in all valuables to their teacher at the start of the PE lesson or place valuables in their lockers. If valuables are not handed in, the PE department is not responsible for these items.

We adapt our extra-curricular programme each term to ensure we offer our students a wide range of activities. However, many activities will be run each term to ensure consistency and engage students in activities they like doing.

If you need any further information about PE clubs, please do not hesitate to contact me.

If you have any concerns regarding these issues, please do not hesitate to contact your child's PE teacher or me at: juliewakeman@universityofkentacademiustrust.org.uk

Yours sincerely,

Mrs J Wakeman
Deputy Subject Leader of PE