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A University of Kent Academies Trust School

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Dear Parent/Carer,

I am writing to you as the Trust has today taken the decision to send all Year 11 students at Brompton Academy, Year 9 students at Chatham Grammar and Year 12 and Year 13 UKAT Sixth Form students (based at Brompton Academy and Chatham Grammar), into a 14-day self-isolation period following the confirmation of three cases of COVID-19 within these year groups. These cases were unrelated and have no direct connection to the academy environment.

Students in Years 7, 8, 10 and 11 (at CG) will continue to attend the academy as normal during this time. The Trust has implemented clear and comprehensive protocols to keep the students and staff safe. As each year group is in a designated 'bubble' where they do not mix with other years, they have not been in direct contact with any other year group. Further, the range of cleaning and sanitisation methods have ensured that the academy buildings are safe for students and staff.

Students with siblings in Years 9 (CG), 11 (BA), 12 or 13 should still attend school unless they exhibit symptoms of COVID-19. I have included below some further guidance for reference.

I would like to stress that this action is in direct response to advice and guidance from the Department for Education.

### **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

## Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

*Do*

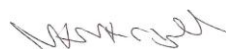
- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours Sincerely,



**Wendy Walters**  
Principal